



Managing  
Safely

HSE205



**ORIENT MCT**  
Management Consulting & Training



## Course Overview

This flexible course is ideal for getting managers up-to-speed on the skills they need to tackle safety and health issues in the workplace. A practical program, full of step-by-step guidance, managing safely has a sharp business focus. The hands on, jargon-free format engages and inspires, and has helped a huge range of businesses to raise standards of safety and health.

**Learning Objectives:** On completion of the IOSH Managing Safely course candidates should be able to:

- ✓ Identify their responsibilities for health and safety
- ✓ Explain the reasons for preventing workplace accidents
- ✓ Explain the reasons for preventing occupational ill health
- ✓ Define 'hazard', 'risk' and 'risk assessment'
- ✓ Identify common hazards in the workplace
- ✓ Outline the requirements for the control of waste and pollution
  
- ✓ Identify the best techniques to control key risks
- ✓ Identify the demands of the law and how the legal system works
- ✓ Describe a health and safety management system
- ✓ Identify why and how accidents should be investigated
- ✓ Outline basic performance indicators for monitoring activities
- ✓ Carry out a risk assessment

## Course Specifics

- **Who should attend this course?:** This course is suitable for all the Health and Safety Professionals
- **Duration:** 3 Days
- **Assessment Method**  
Written Examination – Variety of Questions to assess learning o Project Work – Risk Assessment
- **Validity: Valid for lifetime as per certification body requirements**
- **Delivery Options**
  - ✓ Instructor-led, online and customized blended options
- **Credentials**  
***This course is certified by IOSH, UK***



## ▪ Introduction Managing Safely

- Why is it important to manage safely?
- What is your role in influencing managing safely?

## ▪ Assessing risks

- What is risk?
- Hazard and hazardous events
- What is a risk assessment?
- How are risk assessments carried out
- Identifying hazards
- Assessing risk – risk matrix
- Recording and communicating findings
- Dynamic risk assessments

## ▪ Controlling risks

- How to reduce risk
- Reduction of likelihood
- Reduction of severity
- How do you decide which control to use?
- Hierarchy of risk control
- Human behavior factors
- Benefits of risk reduction vs time, cost and effort
- Putting risk control into practice

## ▪ Understanding responsibilities

- What does the law require you to do?
- Duty holder responsibilities
- How does the law work?
- Reasonably foreseeable risks
- Reasonably practicable controls
- Civil law vs criminal law
- UAE and International Legal Frameworks
- Key parts of a health and safety management system

## ▪ Understanding hazards

- Common hazards within the workplace
- Mechanical hazards
- Physical hazards
- Chemical hazards
- Biological hazards
- Environmental hazards
- Organizational hazards
- What can you do to reduce or mitigate these hazards?

## ▪ Investigating incidents

- Why investigate incidents?
- Importance of near miss reporting and investigation
- How do incidents happen?
- Causal tree
- Immediate causes
- Underlying causes
- Root causes
- How do you carry out an investigation?

## ▪ Measuring performance

- What's performance measurement about?
- How do you measure health and safety performance?
- Indicators, reactive and proactive
- Proactive measures
- Reactive measures
- Standard reporting figures
- Safety pyramid
- What is auditing

